

**USANKF OF NORTHERN CALIFORNIA, INC.
REGIONAL SPORTS ORGANIZATION**

AND

**HIP (HUMAN IMPROVEMENT PROJECT)
CROSSFIT 209 TEAM ELEVATE**



**SENSEI GENE TIBON,
NATIONAL DIRECTOR**
Founder, USA Grassroots Karate Program

PRESENTS

**SENSEI
ABDESSELEM
TAREQ**

**Head Coach
Indonesia National Team
(4 Gold Medals at Jr. Worlds)**



Grassroots Membership Training Workshop

Grassroots Coaching Staff of Northern California:

Workshop \$85/day

(\$160 if signed up for both days in advance)

(includes cost of lunch)

Karate camp hours: 8AM - 1:30PM

Crossfit 209 Team Elevate Facility

3400 E. Eight Mile Road

Stockton, CA 95207

2016	Master Training Camp (France)
2013-2015	Head Coach Thailand National Team (3rd Overall Team, behind Iran and Japan at Asian Pacific Championships)

As Competitor:

- World Ranking #2 WKF K1 Premier League 2011 (-84Kg)
- Gold Medals President Cup 2008 (-80Kg) *Baku, Azerbaijan*
- Gold Medals President Cup 2007 – Seniors (-80 Kg) *Tehran, Iran*
- Gold Medals Milan Open 2007 – Seniors (-80 Kg) – *Milano, Italy*
- Gold Medals “Cup of Kings” 2009 – Seniors (-80 Kg) – *Rabat, Morocco*
- Gold French Champ of Regions 2008, 2010-2011 – *Seniors – Paris, France*
- Silver Medals Dutch Open 2012 – K1 Premier League – *Netherlands*
- Silver Medals Istanbul Open 2011 – K1 Premier League-*Turkey*
- Silver Medals French Cup 2009 – Seniors – Team – *Paris, France*
- Silver Medals “Copa Del Madrid” 2012 – *Madrid, Spain*
- Silver Medals Montenegro-Karate Premier League – *Montenegro*
- Silver Medals “Le Hetet Cup” – Seniors (+76 Kg) – *Carcassonne, France*
- Silver Medals Dutch Open 2012 –K1 Premier League – *Netherlands*

Register online: www.karateTmaster.com

Host Hotel: Stockton Hilton \$129 / night (King bed w/ sofa bed)

Coupon code: “Grassroots Karate”

Sales Office: (209) 956-1310

**ROOM BLOCK ENDS 06/3/2016
REGISTER EARLY!**

2323 Grand Canal Blvd. Stockton, CA 95207

http://www.hilton.com/en/hi/groups/personalized/S/SCKSTHF-GRASSR-20160624/index.jhtml?WT.mc_id=POG

JUNE 25 & 26, 2016

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