

Hiers' Goju Ryu Karate – Twin Arbors Athletic Club

USANKF of Northern California, Inc. Regional Sports Organization

Presents

Sensei Gene Tibon, National Director

Founder, USA Grassroots Karate Program

Development Workshop Series

Grassroots Membership Training Workshop

Grassroots Coaching Staff of Northern California: 3 Hour Workshop \$75
(includes cost of 2014 National Federation Membership - \$50)
If already a current Federation member, \$50
Includes lunch - Rotation training 11AM - 2:30PM

Twin Arbors Athletic Club

1900 S. Hutchins Street

Lodi, CA 95240



Adam Tibon (Past)
Team USA, Jr. & Sr. - 7 years



Brian Embry (Past)
Team USA, Jr. - 3 years



Ronny Guzman (Past)
Team USA, Sr. - 4 years



Eliza Cabanig (Past)
Team USA, Sr. - 8 years



Joane Orbon (Current)
Team USA, Jr. & Sr. - 6 years



Rupert Espinosa (Past)
Team USA, Jr. - 4 years



Cristian Embry (Current)
Team USA, Jr. - 3 years



Amber Ramirez (Past)
Team USA, Jr. - 4 years



Sensei Ervic Aquino

Also Coaches: Sensei Chris Hiers, Sensei Justin Love, Sensei Gino Tibon

This Series of Workshops are supported by the following:

Northern California RSO - Oregon RSO - Washington RSO - Southern California RSO

www.usankfnorcal.com

Yoshida Groups

www.grassrootskarate.com

JANUARY 19, 2014

